

NEWSLETTER

WINTER ISSUE

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REEGAN LINDHOLM - MASC PRESIDENT

HEY Y'ALL I'M REEGAN LINDHOLM, A SENIOR AT OWATONNA! I'M SO EXCITED TO BE YOUR MASC PRESIDENT THIS YEAR! I TAKE PART IN OWATONNA'S GIRLS CROSS COUNTRY TEAM AND BOYS TRACK MANAGER. ALONG WITH SPORTS, I AM INVOLVED IN SOME OF MY SCHOOL'S CLUBS SUCH AS GIRLS UNITED, NHS, AND DECA. IN MY SPARE TIME, I LIKE TO GO OUTSIDE AND GO HIKING, WATCH MY SCHOOL'S SPORTING EVENTS, AND PLAY WITH MY PETS.



PATRICK STEPHENSON - MASC VICE PRESIDENT

HI, I'M PATRICK STEPHENSON, AND I AM A SENIOR AT ORONO HIGH SCHOOL. AT MY SCHOOL, I'M INVOLVED IN DECA, NHS, AND CHINESE CLUB. I AM ON MY SCHOOL'S HOCKEY AND BASEBALL TEAMS. IN MY FREETIME I ENJOY BEEKEEPING, WEIGHTLIFTING, AND PLAYING WITH MY DOG. IN THE FUTURE I WILL BE STUDYING COMPUTER SCIENCE OR INDUSTRIAL ENGINEERING. I'M SO HAPPY TO BE THE MASC VICE PRESIDENT THIS YEAR. I HOPE TO INCREASE PARTICIPATION IN MASC AND MAHS AND STRENGTHEN THE GREAT COMMUNITY WE HAVE.



AVERY FOWBLE - MASC SECRETARY

MY NAME IS AVERY FOWBLE. I'M A SENIOR AT PRIOR LAKE HIGH SCHOOL AND YOUR MASC SECRETARY! I LOVE BEING ABLE TO MEET ALL OF THE STUDENTS WHO COME TOGETHER AT OUR STATE EVENTS. YOU GUYS HAVE GIVEN MY COUNCIL AND I SO MANY GREAT IDEAS ON HOW TO IMPROVE. IN MY FREE TIME I LOVE TO READ AND WATCH GREY'S ANATOMY. I'M ALSO A HUGE TAYLOR SWIFT FAN SO REACH OUT IF YOU ARE GOING TO HER CONCERT! OUTSIDE OF THE STUDENT COUNCIL I ALSO PARTICIPATE IN AN EQUITY COMMITTEE AND OUR FEMALE EMPOWERMENT CLUB. ADD ME ON SOCIAL MEDIA SO WE CAN BE FRIENDS!



RYLAN HUNT - MAHS PRESIDENT

HEY ALL! MY NAME IS RYLAN HUNT AND I'M A SENIOR AT ORONO HIGH SCHOOL. I AM SO EXCITED TO BE YOUR MAHS PRESIDENT THIS YEAR! AT ORONO, I'M PART OF OUR STUDENT SENATE, A CAPTAIN OF OUR TRACK TEAM, AND A LEADER IN BOTH OUR WELL-BEING AND MEDICAL CLUBS. I CAN'T WAIT TO MEET YOU ALL, SEE YOU AT CRAGUN'S AND STATE!



ERICA KYLLONEN - MAHS VICE PRESIDENT

I AM A SENIOR AT BUFFALO HIGH SCHOOL AND COMMITTED TO THE UNIVERSITY OF MINNESOTA FOR GRAPHIC DESIGN AND COMPUTER SCIENCE. I AM THE CAPTAIN OF THE TENNIS TEAM AND MANAGE THE BOYS TENNIS TEAM IN THE SPRING. AT MY SCHOOL, I'M A MEMBER OF MY DISTRICT'S SCHOOL BOARD AND ACTIVE IN NHS AND STUDENT COUNCIL. I REALLY ENJOY HANGING OUT WITH FRIENDS AT CULVER'S, TAKING CARE OF PLANTS, LISTENING TO TAYLOR SWIFT, AND CROCHETING.



REGAN HAUSMAN - MAHS SECRETARY

HI EVERYONE! MY NAME IS REGAN HAUSMANN AND I'M VERY HAPPY TO BE THIS YEAR'S MAHS SECRETARY! I'M A SENIOR AT BECKER HIGH SCHOOL. THERE, I'M INVOLVED IN THE NATIONAL HONOR SOCIETY AS OUR CHAPTER PRESIDENT, STUDENT COUNCIL EXECUTIVE BOARD, GRADUATION COMMITTEE, PROM COMMITTEE, BUILDING BETTER BULLDOGS, AND I'M ALSO A CAPTAIN OF BOTH THE GIRLS TRACK AND GIRLS CROSS COUNTRY TEAMS. OUTSIDE OF SCHOOL I ENJOY TRAVELING, HIKING, CAMPING, MUSIC, RUNNING, SHOPPING, AND TAKING CARE OF MY PLANTS.



KENDALL SEBASKY - MEMBER AT LARGE

HELLO! MY NAME IS KENDALL SEBASKY; I AM A JUNIOR AT MOUND WESTONKA HIGH SCHOOL. I AM A TWO-SPORT ATHLETE WHO PLAYS VOLLEYBALL AND GOLF. I ENJOY HIKING, BAKING, BEING ON THE LAKE, AND SPENDING TIME WITH FRIENDS. ONE OF MY MAIN PASSIONS IS MENSTRUAL HEALTH ADVOCACY. I CARE THAT ALL WOMEN HAVE ACCESS TO PERIOD PRODUCTS, AND I HAVE A PROJECT THAT WORKS WITH WOMEN IN MY COMMUNITY ON THIS TOPIC. I AM EXCITED TO WORK WITH STUDENT COUNCILS AND NHS GROUPS ACROSS THE STATE AND MAKE AN IMPACT ON THE STATE AS A WHOLE THIS YEAR.



CARYN CHILDERS - STATE COORDINATOR

HEY ALL! MY NAME IS CARYN CHILDERS AND I AM A JUNIOR THIS YEAR AT MOUND WESTONKA HIGH SCHOOL. I AM INVOLVED IN NHS, STUDENT SENATE AS AN EXECUTIVE, DECA, FASHION CLUB, PROM COMMITTEE, LACROSSE, CONCERT CHOIR, AND WORK FREQUENTLY AS A SERVER. OUTSIDE OF SCHOOL AND WORK, I ENJOY SHOPPING, LISTENING TO MY FAVORITE MUSIC, ROAD TRIPS, TRAVELING, COOKING, GOING OUT WITH FRIENDS, AND HANGING OUT WITH MY DOGS. THIS YEAR, I'M EXCITED TO WORK WITH THE MAHS/MASC EXECUTIVE BOARD TO PLAN A SUCCESSFUL STATE CONVENTION!



SAVANNA NEWELL - STATE COORDINATOR

HI ALL! MY NAME IS SAVANNA NEWELL AND I AM A SENIOR THIS YEAR AT MOUND WESTONKA HIGH SCHOOL. AT MOUND I AM INVOLVE MYSELF IN DECA, ENVIRONMENTAL CLUB, FASHION CLUB, NATIONAL HONORS SOCIETY, WIND ENSEMBLE, VARSITY TENNIS, AND OF COURSE STUDENT SENATE! OUTSIDE OF SCHOOL I FREQUENTLY LISTEN TO MUSIC AND SHUFFLE MY FAVORITE TAME IMPALA SONGS WHILE I GO ABOUT MY DAY. I STRIVE TO EXPRESS LEADERSHIP THROUGHOUT MY SCHOOL AND COMMUNITY, AND USE STUDENT SENATE AS MY OUTLET TO SHARE AND EXPRESS MY COMMUNICATION. AS A STATE CONVENTION COORDINATOR THIS YEAR, I HOPE TO CREATE A WELCOMING AND FUN ENVIRONMENT AS STUDENTS VISIT US AT MOUND WESTONKA THIS YEAR!



SERENITY BOWNIK - STATE COORDINATORS

HEY Y'ALL! MY NAME IS SERENITY BOWNIK AND I AM A SENIOR AT MOUND WESTONKA HIGH SCHOOL. I AM SERVING AS A STATE CONVENTION COORDINATOR, WORKING TO HOST LEADERSHIP ON THE LAKE THIS SPRING AT MOUND WESTONKA. I ALSO SERVE AS MY STUDENT SENATE'S PRESIDENT AND CONCERT CHOIR CO-PRESIDENT. IN MY SPARE TIME I PARTICIPATE IN STUDENTS AGAINST DESTRUCTIVE DECISIONS, FUTURE MEDICAL PROFESSIONALS, THE THEATRE PROGRAM, AND THE SCHOOL'S ACAPELLA GROUP, MADD JAZZ. I ENJOY DANCING -- PARTICULARLY BALLET -- AND TRAVELING FREQUENTLY. I CAN'T WAIT TO SEE YOU ALL AT STATE THIS YEAR!

SUMMER RECAP AND UPCOMING NEWS

THE SUMMER LEADERSHIP ACADEMY ON JULY 31-AUGUST 1 WAS THE MOST "ACTIVE" LEADERSHIP TRAINING EVER. RICK RASSIER, WORKSHOP LEADER, NEVER LET THE PARTICIPANTS STOP MOVING. USING A VARIETY OF COMPETITIONS, THEY FOUND THEMSELVES PUSHED IN NEW WAYS TO DEVELOP THEIR LEADERSHIP SKILLS. WHETHER SCRAMBLING ON THE FLOOR OR RACING DOWN THE BASKETBALL COURT, STUDENT LEADERS NEVER GOT A CHANCE TO CATCH THEIR BREATH. THE ENERGY CARRIED BACK TO THE HOLIDAY INN IN ST. CLOUD WHERE STUDENTS PLAYED VOLLEYBALL, HOT TUBBED, SWAM, AND FINISHED THE EVENING WITH THE BEST DJ'S AND A DANCE. THE 150 PLUS DELEGATES OVERWHELMINGLY GAVE THE ACADEMY A "GREAT WAY TO GET READY FOR THE SCHOOL YEAR"

FALL FORUM (CRAGUNS) SUMMARY

THE MINNESOTA ASSOCIATION OF STUDENT COUNCILS AND HONOR SOCIETIES ANNUAL LEADERSHIP FORUM HELD AT CRAGUNS' RESORT ON NOVEMBER 6 AND 7. NEARLY 500 STUDENTS AND 60 PLUS ADVISORS ATTENDED THE FORUM. ALTHOUGH THE RECREATIONAL OPTIONS WERE POPULAR, THE STUDENTS HAD THE OPPORTUNITY TO DIVE DEEP INTO THE ISSUES FACING THEM AS THEY ATTEND SCHOOLS FROM ACROSS THE STATE.

THE STUDENTS ALSO HEARD A KEYNOTE ADDRESS FROM ANGIE CHARBONEAU-FOLCH, MASSP NATIONAL LEGISLATIVE COORDINATOR, ENTITLED "BE THE ONE." ANGIE EMPHASIZED THROUGH HER LIFE STORY OF THE COURAGE IT TAKES TO STEP UP AGAINST THE DESTRUCTIVE FORCES THAT STUDENTS FACE. TERRY D'IMPERIO, THE 2021 NATIONAL STUDENT COUNCIL ADVISOR OF THE YEAR, AND DOUG ERICKSON, COORDINATOR OF STUDENT ACTIVITIES FOR THE MASSP, DID SEPARATE WORKSHOPS ON THE IMPORTANCE OF THE GROUP PROCESS. ADVISORS HEAD BOB DRIVER, EXECUTIVE DIRECTOR OF THE MASSP GAVE THE HIGH SCHOOL PRINCIPALS' PERSPECTIVE OF STUDENT LEADERSHIP. IT SEEMED INCREDIBLE THAT THE STUDENTS AND ADVISORS WERE ABLE TO LISTEN, LEARN, DISCUSS, NETWORK, AND DANCE IN A 24 HOUR CONFERENCE.

THE FINAL ACT TOOK PLACE IN THE CLOSING SESSION LED BY THE STUDENTS. THE STUDENT COUNCILS IN MINNESOTA ARE DIVIDED INTO 10 DIVISIONS. IN THE FINAL SESSION EACH DIVISION SELECTED A SONG WITH A STRONG LEADERSHIP MESSAGE. THEY PRESENTED THAT MESSAGE AND AS A DIVISION, KARAOKE THAT MESSAGE ON STAGE IN FRONT OF OVER 500 STUDENTS AND ADVISORS. FROM JOURNEY'S "DON'T STOP BELIEVING" TO MICHAEL JACKSON'S "THE MAN IN THE MIDDLE" THE STUDENT LEADERS ILLUSTRATED WHAT IT MEANS TO HAVE THE COURAGE TO STAND UP FOR LEADERSHIP.

BIG IDEAS TAKEAWAYS- FALL FORUM

IN THE POST-COVID ERA, STUDENTS ARE TRANSITIONING BACK INTO THE DAY TO DAY, IN PERSON HIGH SCHOOL EXPERIENCES. ALTHOUGH THE STUDENTS ALMOST UNIVERSALLY EMBRACE THE TRANSITION, IT COMES WITH CHALLENGES. IT IS THOSE EXPERIENCES THAT THE STUDENTS DISCUSSED IN THE "BIG IDEA" SESSION. DIVIDED INTO GROUPS OF 15, THE STUDENTS COVERED 13 BIG IDEA TOPICS- ACCEPTABLE PROTEST, SCHOOL SAFETY, MENTAL HEALTH, GENDER IDENTITY, SCHOOL TRADITIONS, SOCIAL MEDIA, RACIAL ISSUES, SEXUAL HARASSMENT, CYBER BULLYING, ACADEMIC INTEGRITY, CIVIL POLITICAL DISCUSSION, CHEMICAL/ALCOHOL ISSUES, GENDER EQUITY IN SCHOOL OPPORTUNITIES. THE DISCUSSIONS WERE INTENSE AND RESPECTFUL. EACH GROUP CAME TO A CONSENSUS STATEMENT THAT WAS RECORDED.

STATE SERVICE PROJECT

OUR STATE SERVICE PROJECT IS TO **BE PART OF THE SOLUTION, NOT THE POLLUTION**. THIS MEANS THAT NHS GROUPS ACROSS THE STATE WILL FOCUS ON WAYS TO HELP THE ENVIRONMENT AND UTILIZE COMMUNITY RESOURCES. SCHOOLS SHOULD CHOOSE TO CLEAN UP COMMUNITIES AND WATERWAYS BY ADOPTING A LAKE OR HIGHWAY. OTHER WAYS TO HELP CLEAN UP OUR RECYCLING IN YOUR SCHOOL OR PLANTING TREES. YOU CAN PARTICIPATE IN ENVIRONMENTALLY FRIENDLY PRODUCT SWAPPING, SUCH AS GOING PAPERLESS FOR A SPECIFIC TIME OR OVERALL. YOU CAN ORGANIZE A COMMUNITY EVENT TO CLEAN UP TRASH IN YOUR CITY OR DO YOUR PART BY SWITCHING TO REUSABLE PRODUCTS AND LIMITING SINGLE-USE PLASTICS. PLEASE SHOW US WHAT YOUR SCHOOL CAN DO TO REDUCE POLLUTION IN YOUR COMMUNITY.

STATE CONVENTION

MOUND WESTONKA HIGH SCHOOL IS SO EXCITED TO HOST THIS YEAR'S MASC/MAHS STATE CONVENTION IN APRIL! THIS YEAR WE PRESENT TO YOU **LEADERSHIP ON THE LAKE** AS WE STRIVE TO CREATE FOCUSED AND ORGANIZED LEADERS, READY TO BRING BACK LEADERSHIP AND COMMUNICATION SKILLS TO THEIR HIGH SCHOOL. APART FROM A FOCUS ON LEADERSHIP, WESTONKA WILL HOST KEYNOTE SPEAKERS, CHANCES TO NETWORK WITH OTHER SCHOOLS, AND PARTICIPATE IN FUN ACTIVITIES! WE CAN'T WAIT TO CONNECT WITH ALL OUR COUNCILS THROUGHOUT THE STATE!!!