



# MASC/MAHS NEWSLETTER

By Zach Wright and Caty Karwand

November 2013

## Welcome!

Hello everybody and welcome to the 2013-2014 MASC/MAHS Newsletter! This year we decided to combine both the MASC and MAHS Newsletters into one. This will make it easier for us to get all of our information out to you guys! That being said both Caty Karwand (The MAHS Vice-President) and I will be providing you guys with up-to-date information on student council events and issues that occur throughout the school year. This will include things like the Leadership Forum at Arrowwood Resort on November 10-11, information about division presidents, updates on the state convention and much more! Thank you guys for reading and don't forget to keep checking back throughout the year!

-Zach Wright (MASC Vice President)

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“The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things.”  
— Ronald Reagan

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Photo Caption

## In This Issue

- Meet the New Exec Board (2-4)
- State Convention (5-6)
- State Service Project (7)
- Nationals and SLA Review (8-9)
- Letter from Doug (10)



# MASC Executive Board



## Steve Kinney - MASC President

Steve is a senior at Washburn High School in Minneapolis and is serving as your 2013-2014 MASC President. Steve first joined his middle school's student council in 6<sup>th</sup> grade and has continued to represent his fellow students ever since. He has always enjoyed student council and is so excited to serve as the 2013-2014 MASC President. Steve is not only the President of his school but is the Vice President of Minneapolis Citywide Student Government and is the Research Coordinator for Hennepin Division Student Council.

Along with Steve's love for Student Council his other major passion is flying and wants to go into commercial aviation or politics after he graduates. Steve also loves to sail and enjoys doing sound for his school musicals. Steve has an identical twin brother and two dogs at home in South Minneapolis.



## Zach Wright

### MASC Vice-President

Zach Wright is currently a senior at Prior Lake High School. Zach loves to be involved all throughout the school but especially in his council. Zach also participates in National Honors Society and is the Senior Class President. Finally Zach loves sports and is a member of the Soccer, Cross-Country Skiing and Ultimate Frisbee Teams. He was captain Junior and Senior year for both Skiing and Ultimate.

Although currently undecided, Zach is leaning towards studying to become an Engineer because of his love for Physics. While not in school, Zach likes to watch Netflix (Just Started Breaking Bad), hang out with friends, and work at Edelweiss Bakery, a local bakery in town. His favorite football team is the Ravens because he was born in Baltimore, Maryland. Zach is very excited to be the 2013-2014 MASC Vice-President!

## Ella Trio - MASC Secretary

Ella Trio currently holds the Secretary position at the Minnesota Association of Student Councils. Her past positions include a Vice – Presidency at Hennepin Division, and multiple leadership roles at her school. She attends Orono High School in Long Lake, and has been an active member of her Student Council since freshman year. Ella is also part of the Orono Math Team, Character Counts Organization, Youth in Government and the tennis and golf teams. As secretary she takes detailed notes of the minutes of MASC meetings. She is a Senior at Orono.





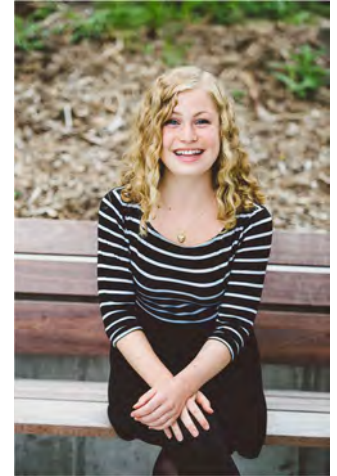
# MAHS Executive Board



## Becca Young - MAHS President

Becca Young is a senior at Orono High School. A member of student senate since ninth grade, Becca is passionate about the well-being of her community. She shares her love of learning by participating in tutoring programs at her school and serving as captain of the debate team. She participates in the music program as a member of Orono's Concert Choir and Vice-President of Tri-M, her school's music honor society. She has sung in several honor choirs, including the All-State Choir. Becca also enjoys sports and plays on Orono's varsity tennis team.

Outside of school, Becca is a black belt in karate who teaches the occasional karate class and is working toward a second-degree belt at the local studio. In her free time, Becca loves reading, cooking, and travel.



## Caty Karwand

### MAHS Vice President

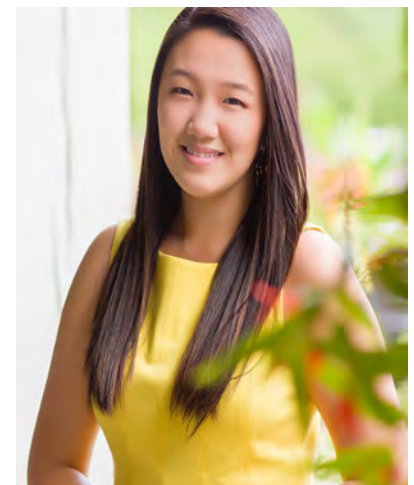
Caty Karwand is the state Vice President of NHS this year. She is a senior at Chisago Lakes High School. She is involved in varsity volleyball and softball, Chisago Lakes Wind Ensemble, CLHS Fall Musical, One Act, and the Chisago Lakes Go Wild program. She is also the President of the Chisago Lakes National Honors Society. Her favorite subject is anatomy and physiology and she hopes to go to college at the University of Wisconsin Madison.

Volunteering outside of school is very important to Caty. She volunteers at her church's Family Pathways and takes care of the children, she also goes to Feed My Starving Children and the local food shelf at least once a month. She is also involved in the youth volleyball and softball programs teaching young girls important skills to advance in the sport. This is her favorite activity because she enjoys seeing girls with the drive to be better and teaching them to live up to

## Christine Ko - MAHS Secretary

Christine Ko, 16, is a current senior at Wayzata High School. She is involved in the Wayzata Leadership Academy, Club Youth Extending Services, and the Wayzata High School Chamber Orchestra. She is also an officer of the Wayzata National Honor Society. Her favorite subjects are math and chemistry, and she hopes to earn her Doctorate of Pharmacy degree and to become a pharmacist in the future.

Outside of school, Christine spends the majority of her time volunteering as a Study Buddy at Kimberly Lane Elementary School, an assistant teacher at the Minnesota Daegun Korean School, and a junior volunteer at North Memorial Hospital. She additionally teaches three to seven year olds at her part-time job at Kumon Math and Reading Center. Christine also loves to play the violin. She has performed all around the world and is the concertmaster of the Minnesota All-State Orchestra. As a member of the Executive





# MASC/MAHS Convention Coordinators



## Andrea Clinch

Andrea Clinch is this year's state co-coordinator. She is a senior at East Ridge High School in Woodbury. Andrea enjoys being involved at East Ridge and volunteering in many diverse activities is Andrea's passion. She is president of NHS, Spanish club and science outreach. She first joined student council her sophomore year and has enjoyed it very much since. As the president of NHS she hopes to deeply involve East Ridge's NHS in this year's convention. During school, Andrea enjoys taking the biomed Project Lead the Way courses. Some of her favorite classes are AP physics, CIS Spanish and Medical Interventions. The rigor of the course work, the intrigue of the subject material and the engagement in discussion by the teacher and students fuels Andrea's enthusiasm for her courses.

Community involvement is important to Andrea outside of school. She has volunteered at the local nursing home since she was in seventh grade, developing relationships with many of the extremely friendly residents has been a life changing benefit. She loves hearing their stories and talking with them about their lives. Although this is her longest-standing volunteering commitment, Andrea loves donating her time to other organizations such as United hospital. On a larger scale, Andrea has had the unique opportunity of traveling to Peru twice to aid a program providing cleft lip and



## Kayla Schulz

Kayla is a senior at East Ridge High School in Woodbury. In her spare time, she enjoys hanging out on the lake, watching Houston Texan football (or any football for that matter), and traveling around the U.S.! She serves as East Ridge's Student Council President, but is also involved in football cheerleading, National Honor Society, and Business Professionals of America. Her favorite activity—other than Student Council—is coaching a mentally handicapped cheer team at Northern Elite All-stars and helping them perform at local cheer competitions. She is super excited for this year and looks forward to making this the best State Convention to date!





# 2014 MASC/MAHS State Service Project



## Technology 4 Teens

### 2013-2014 MASC/MAHS Service Project

#### Why this Project?

- The MASC / MAHS Executive Board came up with the idea to do a Technology 4 Teens drive due to the high number of teens around the state with a lack of access to technology.
- Teens around the state may have access to technology in school but not necessarily out of school at home.
- With technology use on the rise it is necessary for all teens to have access to computers, calculators, and cell phones outside of school for personal, academic, and emergency use.

#### What are the facts?

- In the U.S. over 80% of households with an income of greater than \$30,000 (36.6 million) have a home computer
- Only 37% of households with an income under \$30,000 own a PC.
- This leaves about 10 million low income homes in the U.S. computerless
- In Hennepin County it is estimated that there are over 140,000 people without a computer
- 84% of teens (ages 15-18) own a cell phone
- In 2012 there were over 400,000 emergency 911 calls



# State Service Project



What can you do?

- There are going to be four main idea options for how you can make a difference
  - PCs for People
  - Charitable Calculators
  - 911 Cell Phone Bank
  - Monetary donations

1.

- PCs for People is a nonprofit organization that takes computers, printers, keyboards, and much more. They distribute it to people around the state in need
- PCs for people has clear guidelines on what can be donated on their website:

<http://www.pcsforpeople.com/>

- PCs for People has locations all across the state of Minnesota, their locations are:

- St Paul
- Mankato
- Grand Rapids
- International Falls
- Willmar
- Staples



- If you're not near an office give them a call and they'll come pick up where you are
- Check out their website for full computer requirements and how to donate



# State Service Project

2.

Charitable Calculators is located in Michigan and was founded by a group of teachers. This organization is where you can have a global impact!

•Charitable Calculators has donated calculators to:

- Jamaica
- Namibia
- Guatemala
- Albania
- Plus more!



•They have also donated calculators to 6 states in the USA

•Charitable Calculators is looking for graphing calculators to send around the country and around the world in order to improve education.

•To donate, simply follow the three easy steps and you will make a huge difference around the world

3.

•911 Cell Phone Bank is an organization located in Ocala Florida and takes used cell phones and donates them as emergency cell phones for people in need

•911 Cell Phone Bank donates cell phones around the country to over 1,500 different locations around the country. 21 in Minnesota

•911 Cell Phone Bank has a school program where schools can sign up and donate as a school to receive prizes.

•For each cell phone you could receive \$0.50 up to \$100.00 per cell phone plus prizes depending on how many you donate

Monetary Donations

•If you're more interested in donating money to an organization, some options include:

–PCs for People

–Charitable Calculators



# NASC National Conference



This summer 39 students and 10 advisers attended the National Association of Student Councils conference in Las Vegas, Nevada. The delegation flew out to Las Vegas on Thursday, June 20<sup>th</sup> and enjoyed all of Friday on the strip exploring and having a good time. Come Friday, the delegates got down to business. The conference went from Saturday to Monday starting at 6:45 in the morning. There was daily transportation out to the high school on the edge of Vegas where the conference was held. The delegates attended dozens of sessions throughout the conference ranging from small group to full general assembly meetings where all the delegates participated with phenomenal keynote speakers.

The delegates got to spend a lot of time working with other students from around the country to better their councils and improve on their leadership skills. In small group workshops delegates may have been learning unique and fun icebreakers or even learning how to raise money for people around the world. The entire conference offered the students time to really explore the world of student council and gain knowledge and experience about what it's like to live in a different part of the country.

On the final day of the conference the delegates had to pack up and head on out. There was a half-day final assembly where departing words were said, and then the delegates were off to the strip to spend their last few hours. Before heading to the airport to go home everyone was able to go to the Fashion Show mall where they could buy souvenirs or just spend some time on the strip. Once everyone arrived at the airport there was quite a bit of time to spend waiting for the airplane and there were quite a few people who got a few hours of sleep in before the plane arrived. The flight home was quiet considering most people were sleeping but overall the students and advisers had an amazing time and learned a lot.





# Summer Leadership Academy



Towards the end of the summer around 100 student council members from around the state attended the Summer Leadership Academy in St. Cloud. The conference was on August 4<sup>th</sup> and 5<sup>th</sup>. The first day of the conference consisted of the members meeting with different local speakers from around the state. The speakers led small group workshops where the students were able to learn about how to improve their school and themselves on a smaller scale. The first day of the conference was at Sauk Rapids-Rice High School, which allowed for many small breakout rooms to work in small groups. After the small group workshops the students were given a playing card and that card decided which groups they were in for the next activity. For the next part of the conference the delegates got into small groups and talked about different topics for around 5 minutes at a time and then they would switch groups. This activity allowed the students to hear about what other schools around the state are like and how they operate.

After all the activities had concluded at the school the delegates returned to the hotel in St. Cloud where they were treated to a dance party, volleyball, and swimming for the rest of the night. The delegates were given a lot of time to socialize and really get to know each other and build connections that will help them throughout the year.

The next morning Doug Erickson led a presentation for about an hour that helped you realize how important and individual each and every person is. Doug showed everyone little tricks and games that the student could play with his or her friends. The delegates took the Dalai Lama Personality test to see what your personality really is. After this final activity everyone went his or her separate ways until next time at the Leadership Forum in November!

- Steve Kinney



# Letter from Doug

I am amazed by how time slips away from us. You have homecoming in the rear view mirror. NHS advisors are either planning their fall inductions or reviewing the process. October is a chance to present your councils or chapters with the opportunity to attend the Leadership Forum at Arrowwood Resort on November 10-11. I have had a few questions which I will answer for everyone. The leadership forum is open to all students in your school. The invitation goes directly to student councils and honor societies but if you know students in your school that would benefit, invite them. Another question concerns number of attendees from each school. After registration closes, we will look at our numbers and decide if we can honor your request for additional students. The Leadership Forum officially starts on Monday, November 11. If you come the night before, you will get a chance to network with some of the greatest leaders from the whole state of Minnesota. We will have an organized activity at 8:30 pm and a dance at 9:00 pm. Our presenter, Ted Wiese, has always delivered an entertaining yet useful leadership program. Check him out on <http://www.HearTedTalk.com>.



Wednesday, October 9, was "Take a Stand Against Bullying" day. Students and staff across the state wore orange in a show of solidarity against bullying. I will be doing a session on the topic for both students and advisors at the Leadership Forum. This problem is not going away. Student Councils and Honor Societies are well positioned to help with this issue.

On September 22-23 I met with your executive boards in our first planning session for the state conference on April 5-7 at East Ridge High School. The theme is "Innovation Generation." Read about it in this newsletter. I am already thinking 2015. You should be too if you are a junior or younger. We are looking for a host school or school district to host the next state conference. It is an incredible experience that will define your high school career. We will be taking applications before the holiday break. Talk to your advisor about the possibility.

Finally, I am excited about all the opportunities for leadership you will have this year. Division meetings, Leadership Forum, state conferences, LEAD conferences in Chicago or Washington DC, and nationals in Orlando next June. If you have any questions, I am always available at [763-232-2501](tel:763-232-2501) or [derickson@orono.k12.mn.us](mailto:derickson@orono.k12.mn.us).

Hope to see you in Alexandria,

Doug Erickson Coordinator of Student Activities



# Upcoming Events

**Nov 10-11**

Arrowwood Conference

**Jan 24-25**

Regional 4 meeting

**Jan 31-Feb 2**

Washington DC Lead Conference

**Feb 14-16**

Chicago Lead Conference

**April 5-7**

State Convention

**May 20**

Introduction of new executive board, leaving of old executive board meeting



# 2013/2014 State Goals



- Donate technology to local communities through local organizations.
- Achieve a greater attendance at the state convention for both Student Council and NHS.
- Integrate NHS and Student Council more at the state convention.

## 2013-2014 State Convention

This year the State Convention is being held at East Ridge High School in Woodbury on April 5-7. Our theme is technology this year and we are looking into ways to use this theme in the state service project and at the convention. We are also looking into integrating everyone together more and gain more support from each program. We look forward to seeing everyone back at the state convention in East Ridge!

### Contact Us

We want to hear from you! Keep us up to date on everything your council is doing and you might get to be in the next Newsletter!

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